

REFLEXOLOGY BASICS

for Your Pampering Pleasure

Reflexology is the technique of manipulating reflex points that correspond to specific organs and body parts found within the feet and hands. Here are some pampering locations you can try Reflexology on your feet.

Works great with:

- Schwanky & Soft Exfoliating Foot Crème
- Skin Joy Body Butters
- The Healer
- Cool Your Sole Cooling Foot Balm
- Warm Your Sole Warming Foot Balm

Try a pampering foot massage today!

